

Available everyday  
from 7.00am until 10.00am

## Selection from Buffet

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| BOWL OF CEREAL OF YOUR CHOICE WITH NATURAL YOGURT OR MILK AND VARIETY OF SEEDS | 6.00 |
| SELECTION OF COLD MEATS, CHEESES WITH BREAD ROLLS                              | 9.00 |
| SELECTION OF FRESH FRUIT SALAD, BERRY MIX OR DRIED FRUIT AND YOGURT            | 8.00 |

## Full Continental Breakfast

### FULL CONTINENTAL BREAKFAST WITH TEA OR COFFEE 15.00

Selection of cereals, seeds, fresh and dried fruits, natural yogurt, fruit berry mix, cold meats, cheeses, bread rolls, pastries with a selection of spreads (jam, diabetic jam, honey, marmite, and Nutella)

## Drinks

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|-------------------------|------|
| FILTER COFFEE           | 3.00 |
| ESPRESSO                | 3.00 |
| CAPPUCCINO              | 3.90 |
| HOT CHOCOLATE           | 4.50 |
| CAFE LATTE              | 4.20 |
| DECAFFEINATED COFFEE    | 3.00 |
| FAIRTRADE TEA SELECTION | 4.50 |
| JUICE SELECTION         | 3.00 |
| SMOOTHIE                | 4.50 |

## Selection of Pastries

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| TOAST WITH BUTTER, PRESERVES, NUTELLA | 5.00 |
| ASSORTED MINI PASTRIES BASKET         | 5.00 |

## Cooked Breakfast

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| PORRIDGE (V)<br>Cooked with Milk or Water   | 5.00  |
| OVERNIGHT OATS (V)<br>Porridge Oats soaked in Almond Milk with Vegan Natural Yoghurt, Honey & Mix Berries   | 6.00  |
| BLUEBERRIES & RASPBERRIES BUTTERMILK PANCAKES (V)<br>Greek Style Yogurt   | 9.00  |
| TOASTED WAFFLE WITH BACON<br>Maple Syrop, Salted Seed Granola   | 9.00  |
| SHAKSHUKA<br>Eggs Cooked in a Spiced Rich Tomato Sauce, with Onions and Peppers, Warm Flat Bread  | 11.00 |
| VEGETARIAN FULL ENGLISH (V)<br>Potato Rosti, Vegetable Sausage, Pan Fried Mushrooms, Grilled Tomatoes, Rye Bread & Choice of Fried, Scrambled or Poached Eggs | 12.00 |
| CLASSIC AVOCADO ON TOAST (V)<br>Avocado, Sour Dough Bread & Poached Egg   | 9.00  |
| THE FULL ENGLISH<br>Choice of Fried, Scrambled or Poached Egg with Bacon, Sausage, Tomato, Mushrooms, Baked Beans, Potato Rosti, Black Pudding & Toast        | 14.00 |
| THE SMALL ENGLISH<br>Choice of Fried, Scrambled or Poached with Bacon, Sausage, Tomato, Fried Bread & Toast   | 11.00 |
| FLUFFY OMELETTE (3 EGGS)<br>Choice of Ham, Cheese, Tomato, Mushroom, Chorizo, Crispy Onions   | 10.00 |
| THE COPENHAGEN<br>Smoked Salmon & Scrambled Egg with Chives set on Rye Bread  | 13.00 |
| FROM THE SEA<br>Smoked Haddock & Poached Egg  | 13.50 |

